

**Michael (Mike) London Sr.**



**Virginia Football**  
McCue Center

**Experience:**  
**12/7/10 to**  
**Present**

**Head Coach**

University of Virginia – Charlottesville, Virginia  
Responsibilities: Oversee all phases of game with particular emphasis on the defense. Supervise staff and players. Organize, plan and implement strategies for practices and games with the main objective of winning *The Atlantic Coast Conference*.  
Certification: NCAA Off-Campus Recruiter

**1/19/08 to**  
**12/6/10**

**Head Coach**

University of Richmond – Richmond, Virginia  
Responsibilities: Oversaw all phases of game with particular emphasis on the defense. Supervised staff and players. Organized, planned and implemented strategies for practices and games with the main objective of winning *The Colonial Athletic Association*.  
Certification: NCAA Off-Campus Recruiter

**1/16/06 to**  
**1/18/08**

**Defensive Coordinator/Assistant Coach**

University of Virginia – Charlottesville, Virginia  
Responsibilities: Coordinated the defense, supervised staff and players. Oversaw defensive systems. Organized, planned and implemented strategies for practice and games with the main objective of winning *The Atlantic Coast Conference*.  
Certification: NCAA Off-Campus Recruiter

**3/9/05 to**  
**1/15/06**

**Defensive Line Coach**

Houston Texans – *National Football League*  
Houston, Texas

Responsibilities: Oversaw the development, preparation and performance of the defensive line. Conducted Pre-Draft evaluation of college defensive line prospects.

**2/16/02 to  
3/8/05**

**Recruiting Coordinator/Assistant Football Coach –  
Defensive Line**

University of Virginia – Charlottesville, Virginia

Responsibilities: Organized and supervised recruiting efforts on a national level. Implemented strategies to attract the nation’s elite high school prospects.

Certification: NCAA Off-Campus Recruiter

**Summer Camp Director** – Organized and supervised summer football development camps for high school student athletes. Administered and directed personnel to instruct and teach campers. Hired camp staff, supervised camp budget and purchases. Procured facilities and transportation. Promoted camp and solicited sponsors.  
ACC – Assistant Coaches Representative to the American Football Coaches Association

**1/12/01 to  
2/15/02**

**Assistant Football Coach**

University of Virginia – Charlottesville, Virginia

Responsibilities: Defensive Line

Certification: NCAA Off-Campus Recruiter

ACC – Assistant Coaches Representative to the American Football Coaches Association

**1999 & 2000**

**National Football League**

**Summer Internship**

New York Jets

Assisted with the Defensive Line and Linebackers.

Supervised by Al Groh, Head Football Coach.

**1998**

**National Football League**

**Pre-Season Mini Camp**

New England Patriots

Assisted with the Defensive Line. Supervised by Ray Hamilton, Defensive Line Coach.

**12/27/96 to  
1/11/01**

**Assistant Football Coach**

Boston College – Chestnut Hill, Massachusetts

Responsibilities: Defensive Line. Served as the video and pro scout liaison. In addition, served as walk-on coordinator.

Certification: NCAA Off-Campus Recruiter  
Big East – Assistant Coaches Representative to the American Football Coaches Association

**1997**

**National Football League  
Summer Internship**

Dallas Cowboys

Assisted with the Defensive Line. Supervised by Dave Campo, Defensive Coordinator.

**4/1/95 to  
12/26/96**

**Recruiting Coordinator/Assistant Football  
Coach/Linebackers**

University of Richmond – Richmond, Virginia

Responsibilities: Organized and supervised recruiting efforts. Managed recruiting budget, served as Admissions and Financial Aid Liaison.

Certification: NCAA Off-Campus Recruiter

**2/22/91 to  
3/28/95**

**Assistant Football Coach**

The College of William and Mary – Williamsburg, Virginia

Responsibilities: Defensive Line and Video Liaison.

Certification: NCAA Off-Campus Recruiter

**8/1/89 to  
2/21/91**

**Assistant Football Coach/Part Time**

University of Richmond – Richmond, Virginia

Responsibilities: Linebackers – also served as the video, admissions and academic support liaison.

**11/1/84 to  
7/28/89**

**Police Detective/Patrol Officer**

Richmond Bureau of Police – Richmond, Virginia

Detective Responsibilities: Street Crimes Unit.

Investigated and arrested criminal repeat offenders.

Patrol responsibilities included a variety of uniform operations as assigned by the Bureau.

**1987**

**High School Assistant Football Coach**

George Wythe High School – Richmond, Virginia

Volunteer Assistant Football Coach – Secondary

Head Coach – Frank Butts

**1983  
Recruiting**

**Professional Athlete – Dallas Cowboys**

Tidewater Virginia, Maryland, Washington DC, Metro

**Areas:** Atlanta, North and South Carolina and other areas throughout the East Coast.

**Education:** University of Richmond, B.A. in Sociology  
Concentration in Criminal Justice  
Richmond Bureau of Police Academy – Law Enforcement Certificate.

**Notables:**

2011 – University of Virginia – Named ACC Coach of the Year after finishing regular season with 8-4 record and invitation to Chick-fil-A Bowl. Named Grant Teaff Coach of the Year by the Fellowship of Christian Athletes. Coached 5 players who were named either first or second team All-ACC, 2 All-Americans and 1 Freshman All-American. Led team to first top 25 ranking since 2007. First team to ever win on the road at Miami and Florida State in the same season.

2010 – University of Virginia – Offense ranked 3<sup>rd</sup> in ACC averaging 404.8 yards per game after finishing last in 2009. Coached RB Keith Payne who led the ACC with 14 rushing TDs and 16 total TDs. DB Chase Minnifield earned Honorable Mention All-America and 1<sup>st</sup> Team All-ACC. OL Morgan Moses earned Freshman All-America honors.

2009 – University of Richmond – Finished the regular season as Co-Champions of the Colonial Athletic Association and advanced to the quarterfinals of the Division I FCS playoffs. Team was ranked nine consecutive weeks at #1 in the FCS polls and finished with an 11-2 record. 16 players were named to the All-CAA Football Team.

2008 – University of Richmond – Won the Division I FCS National Championship. Named coach of the year from numerous organizations including: American Football Coaches Association, Schutt Sports/American Football Monthly, the Black Coaches Association, and the Virginia Sports Information Directors. Defense set school record with 29 interceptions. Coached DE Lawrence Sidbury who finished the year with 11.5 sacks and was drafted in the 4<sup>th</sup> round of the NFL Draft by the Atlanta Falcons.

2007 – University of Virginia – Defense finished 17<sup>th</sup> in total defense, 13<sup>th</sup> in scoring defense. This was the 2<sup>nd</sup> year

in a row that the defense finished in the top 20 nationally. Coached Chris Long, a finalist for the Lombardi, Lott and Nagurski Trophies awarded to the nation's top Defensive Lineman. Long was also the winner of the Ted Hendricks Defensive End of the Year Award, a consensus All-American and ACC Defensive Player of the Year. Long was drafted in the 1<sup>st</sup> round of the 2008 NFL Draft with the 2<sup>nd</sup> overall pick by the St. Louis Rams.

2006 – University of Virginia – Defense finished 17<sup>th</sup> in total defense, 26<sup>th</sup> in scoring defense and 19<sup>th</sup> in passing defense. This was the best UVA defensive finish in 27 years for a first year coordinator. Coached Freshman All-American Jeff Fitzgerald and All-ACC lineman Chris Long, son of NFL Hall of Famer Howie Long.

2005 – Houston Texans – Coached 1<sup>st</sup> Round Draft Pick Defensive Tackle Travis Johnson and All-Pro Defensive End Gary Walker.

2004 – University of Virginia – Coached Defensive End Darryl Blackstock, 2<sup>nd</sup> Team All-ACC and 3<sup>rd</sup> round draft pick of the Arizona Cardinals. Coached Defensive Lineman Chris Canty, Pre-Season All-American and 4<sup>th</sup> round draft pick of the Dallas Cowboys. Coached Defensive Nose Tackle Andrew Hoffman, ACC Honorable Mention and 6<sup>th</sup> round draft pick of the Cleveland Browns.

2003 – University of Virginia – Coached Defensive Lineman Chris Canty, 2<sup>nd</sup> Team All-ACC selection who led all ACC defensive linemen in total tackles. (From 2001-2003, a UVA defensive lineman led the ACC in total tackles for the season)

2002 – University of Virginia – Coached Defensive Lineman Chris Canty, Pre-Season All-American and All-ACC candidate. Coached rush end Darryl Blackstock, ACC Freshman of the year. Blackstock broke the school sack record held by former NFL great Chris Slade.

2001 – University of Virginia – Coached Defensive Lineman Monsanto Pope who led all ACC defensive linemen in tackles and was a draft pick by the Denver Broncos.

Boston College – Coached Defensive Lineman Chris Hovan, a 1997, 1998, and 1999 All-Big East selection. 1999 All-American. 1<sup>st</sup> round selection for the Minnesota Vikings (2000).

University of Richmond – Coached Linebacker Shawn Barber. 4<sup>th</sup> round draft pick for the Washington Redskins (1998).

College of William and Mary – Coached Defensive Lineman Craig Staub, a Division I-AA Consensus All-American (1995).

**Recruiting  
Accomplishments:**

**2011** – Recruiting class ranked #20 nationally by ESPN.com

**2006** – Named one of College Football’s top recruiters by Rivals.com

**2004** – Organized National Top 15 recruiting class (Rivals.com #12) – Recruiting Coordinator

**2003** – Organized National Top 20 recruiting class (Rivals.com #18) – Recruiting Coordinator

**2002** – Organized National Top 20 recruiting class—  
Recruiting Coordinator

**2001** – Instrumental in signing what some recruiting publications said was Virginia’s best recruiting class ever.

**Recruited and signed several High School All-Americans**

**Bowl/Post Season  
Participation**

**University of Virginia** – Chick-fil-A Bowl played in Atlanta, GA vs. Auburn (2011).

**University of Richmond** – Reached the quarterfinals of the Division I FCS Playoffs (2009); Won the 2008 Division I FCS National Championship by defeating Montana in the final.

**University of Virginia (2001-04; 2006-07)** – Gator Bowl played in Jacksonville, FL vs. Texas Tech (2007); Music City Bowl played in Nashville, TN vs. Minnesota (2005); MPC Computer Bowl played in Boise, ID vs. Fresno State (2004); Continental Tire Bowl played in Charlotte, NC vs. Pittsburgh (2003); Continental Tire Bowl played in Charlotte, NC vs. West Virginia (2002).

**Boston College** – Oahu Bowl played in Honolulu, HI vs. Arizona State (2000); Insight.com Bowl played in Tucson, AZ vs. Colorado (1999).

**College of William and Mary** – Epson Ivy Bowl played in Tokyo, Japan vs. a Japan All Star Team (1995); Division 1-AA playoffs vs. McNeese State (1994).

**Professional and Collegiate Affiliations:**

NFL Assistant Coaches Association, American Football Coaches Association (College), The Black Coaches Association (College), Fellowship of Christian Athletes Phi Beta Sigma Fraternity. Named one of “Virginia’s Heroes” by the Honorable Doug Wilder, Governor of Virginia (1996).

Active guest lecturer and guest speaker

**Career:**

1979-1982 – Four-year starter for the University of Richmond as a defensive back. Hold Richmond records for most interceptions in a game and for a season. Senior year was elected team captain, team MVP, hardest hitter and most coachable. Elected Virginia’s male in-state athlete of the year in 1982, voted on by the Norfolk Peninsula Sports Club.

Signed as a free agent with the Dallas Cowboys

**Personal:**

Born October 9, 1960

Married to Regina Young London

Children: Michael Jr., Brandon, Kristen, Ticcynn, Korbin, Jaicyn, Madicyn

**Motto: Confidence is evidence of demonstrated performance**

## References

**Dom Capers**

Defensive Coordinator  
Green Bay Packers

**Al Groh**

Defensive Coordinator  
Georgia Tech

**Tom O'Brien**

Head Football Coach  
NC State University

**Jim Miller**

Director of Athletics  
University of Richmond

**Dal Shealy**

Former President  
Fellowship of Christian Athletes

**Rick Dickson**

Athletic Director  
Tulane University

**Charley Casserly**

Former General Manager  
Houston Texans

**Craig Littlepage**

Director of Athletics  
University of Virginia

**Gene DeFelippo**

Athletic Director  
Boston College

**Jimmye Laycock**

Head Football Coach  
College of William and Mary

**Jim Caldwell**

Quarterbacks Coach  
Baltimore Ravens

**Dr. Scott Cowen**

President  
Tulane University